Results of Junior Girls Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	Baker, Pippa	55	Norfolk	12.3
2	Gardner, Joanne	54	Middlesex	12.4
3	Bunn, Debbie	35	Hereford and Worcs.	12.4
4	Walker, Daisy	1	Avon	12.8
5	Shipley, S.	85	West Yorkshire	12.9
6	Lewis, D.	54A	Middlesex	13.2

200 Metres

Pos.	Competitor	No.	County	Time
1	Richards, Ruth	27	Essex	25.3
2	Reaney, Christine	73	Staffordshire	25.5
3	Scott, Lorraine	33	Hampshire	25.8
4	Smallman, K.	71	South Yorkshire	26.1
5	Doyle, Jeanette	21	Devon	26.1
6	Licorish, A.	53	Middlesex	26.8

800 Metres

Pos.	Competitor	No.	County	Time
1	Clifford, Alison	3	Bedfordshire	2.13.9
2	Totham, Judith	85	West Yorkshire	2.18.3
3	Heckingbottom, Denise	43	Lancashire	2.19.2
4	Mackay, R.	67	Shropshire	2.20.3
5	Charnell, K.	42	Kent	2.21.3
6	Rose, L.	31	Gtr. Manchester	2.22.7

1500 Metres

Pos.	Competitor	No.	County	Time
1	Parker, Louise	17	Cumbria	4.47.3
2	Clarke, Pauline	31	Gtr. Manchester	4.47.8
3	Harris, Sara	81	Warwickshire	4.48.7
4	Andrews, Sarah	87	Wiltshire	4-50.4
5	De Jesus, M.	27	Essex	4-50.5
6	Clarke, J.	37	Hertfordshire	4-52.9

75m Hurdles

Pos.	Competitor	No.	County	Time
1	Hughes, Jane	67	Shropshire	11.6
2	Brennan, Sarah	61	North Yorkshire	11.9
3	Pinches, Sally	21	Devon	11.9
4	Overfield, L.	33	Hampshire	12.0
5	Millerchip, K.	83	West Midlands	12.0

Pos.	Competitor	No.	County	Time
6	Davieson, F.	68	Shropshire	12.1

Relay

Pos.	County	No.		Time
1	Hereford and Worcs.	35		49.6
2	West Midlands	83		50.0
3	West Yorkshire	85		50.0
4	Surrey	77		50.2
5	Essex	27		50.2
6	Devon	21		50.4

High Jump

Pos.	Competitor	No.	County	Height
1	Simmonds, Barbara	65	Oxfordshire	1.64m
2	Matthews, Lorinda	3	Bedfordshire	1.61m
3	Laing, Wendy	51	Merseyside	1.58m
4	Pyper, J.	21	Devon	1.58m
5	Holland, L.	5	Berkshire	1.53m
6=	Cole, Denise	27	Essex	1.48m
6=	Gale, T.	43	Lancashire	1.48m
6=	Davies, C.	41	Kent	1.48m
6=	Grady, Sarah	33	Hampshire	1.48m

Long Jump

Pos.	Competitor	No.	County	Distance
1	French, Sandy	77	Surrey	5.68m
2	Somerfield, Diane	63	Nottinghamshire	5.58m
3	Hagger, Kim	27	Essex	5.51m
4	MacDonald, J.	85	West Yorkshire	5.33m
5	Little, E.	83	West Midlands	5.28m
6	Downie, A.	86	West Yorkshire	5.10m

Shot

Pos.	Competitor	No.	County	Distance
1	Wright, Beverley	77	Surrey	11.22m
2	Campbell, Audrey	49	London	10.68m
3	Juniper, Janice	41	Kent	10.55m
4	Morley, K.	85	West Yorkshire	10.50m
5	Russell, C.	39	Humberside	10.15m
6	Newstead, D.	25	Durham	10.05m

Discus

Pos.	Competitor	No.	County	Distance
1	Franks, Amanda	65	Oxfordshire	37.22m *

Pos.	Competitor	No.	County	Distance
2	Hatton, Lesley	29	Gloucestershire	30.64m
3	Stubbs, Christine	85	West Yorkshire	30.00m
4	Shaw, G.	47	Lincolnshire	29.28m
5	Cooper, J.	66	Oxfordshire	28.74m
6	Drake, H.	77	Surrey	28.54m

Javelin

Pos.	Competitor	No.	County	Distance
1	Brown, Jackie	79	Sussex	36.12m
2	Simpson, Vanessa	27	Essex	34.88m
3	Flack, Susan	9	Cambridgeshire	34.32m
4	Gibson, Sharon	63	Nottinghamshire	33.96m
5	Warren-Hawkes, M.	80	Sussex	33.54m
6	Atkinson, J.	61	North Yorkshire	33.36m

**** New Championship Best Performance.***

Results of Intermediate Girls Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	MacGregor, Janine	13	Cleveland	12.1
2	Duncan, Karen	25	Durham	12.3
3	Sait, Karen	33	Hampshire	12.4
4	Drakes, Amanda	63	Nottinghamshire	12.5
5	Morley, S.	71	South Yorkshire	12.5
6	Stewart, Lynda	49	London	12.9

200 Metres

Pos.	Competitor	No.	County	Time
1	Probert, Michelle	11	Cheshire	24.8
2	Smallwood, Kathy	33	Hampshire	24.9
3	Howells, Susan	83	West Midlands	25.3
4	Griffiths, S.	27	Essex	25.4
5	Massie, Maria	31	Gtr. Manchester	25.8
6	Barstead, W.	25	Durham	26.0

400 Metres

Pos.	Competitor	No.	County	Time
1	Beton, Liz	11	Cheshire	56.1
2	Bissell, Kim	83	West Midlands	56.7
3	Baker, Karen	84	West Midlands	57.7
4	Foster, A.	85	West Yorkshire	58.1
5	Woodall, Ann	13	Cleveland	58.7
6	Jacques, J.	53	Middlesex	59.2

800 Metres

Pos.	Competitor	No.	County	Time
1	Ludlam, Sallly	33	Hampshire	2.11.4
2	Weston, Vivienne	47	Lincolnshire	2.13.2
3	Parker, Sue	11	Cheshire	2.13.2
4	Smith, W.	77	Surrey	2.14.9
5	Monachan, C.	55	Norfolk	2.16.5
6	Clements, B.	27	Essex	2.16.9

1500 Metres

Pos.	Competitor	No.	County	Time
1	Trunley, Kim	27	Essex	4.35.8 =
2	Madigan, Bernadette	5	Berkshire	4.36.4
3	Brace, Christine	37	Hertfordshire	4.39.5
4	Moody, Janice	39	Humberside	4.41.2
5	Rowe, Y.	19	Derbyshire	4.43.9

Pos.	Competitor	No.	County	Time
6	Buckley, D.	3	Bedfordshire	4.45.9

80m Hurdles

Pos.	Competitor	No.	County	Time
1	Chipp, Theresa	47	Lincolnshire	11.4
2	Prendergast, Maureen.	53	Middlesex	11.5
3	Duffield, Jill	54	Middlesex	11.7
4	Ross, M.	83	West Midlands	11.9
5	Hardacre, C.	52	Merseyside	12.0
6	Stacey, Amanda	54A	Middlesex	12.0

4 x 100m Relay

Pos.	County	No.		Time
1	Hampshire	33		48.4
2	Middlesex	53		48.6
3	West Midlands	83		48.9
4	Cheshire	11		49.0
5	Kent	41		49.6
6	South Yorkshire	71		51.2

High Jump

Pos.	Competitor	No.	County	Height
1	Elliott, Diana	57	Northamptonshire	1.73m *
2	Devally, Ann-Marie	3	Bedfordshire	1.68m
3	Grant, Deborah	45	Leicestershire	1.68m
4	Friar, Deborah	17	Cumbria	1.65m
5	Sykes, J.	86	West Yorkshire	1.65m
6	Baldeo, Yvonne	53	Middlesex	1.65m

Long Jump

Pos.	Competitor	No.	County	Distance
1	Hearnshaw, Sue	39	Humberside	5.80m
2	McNulty, Diane	85	West Yorkshire	5.69m
3	Stone, Christine	53	Middlesex	5.56m
4	McGee, Nicola	78A	Surrey	5.55m
5	Frank-Lynch, Janet	77	Surrey	5.43m
6	Pears, Linda	59	Northumberland	5.32m

Shot

Pos.	Competitor	No.	County	Distance
1	Ritchie, Yvonne	31	Gtr. Manchester	12.04m
2	Tree, Maureen	41	Kent	11.53m
3	Dyer, Caroline	33	Hampshire	10.66m
4	Charlton, J.	25	Durham	10.21m

Pos.	Competitor	No.	County	Distance
5	Maddern, D.	15	Cornwall	10.06m
6	Peirson, C.	74	Staffordshire	9.99m

Discus

Pos.	Competitor	No.	County	Distance
1	Condon, Fiona	5	Berkshire	39.34m
2	Sturman, Denise	27	Essex	37.84m
3	Tudor, Susan	54	Middlesex	36.28m
4	Curtis, Jane	33	Hampshire	35.34m
5	Sproul, Kim	28a	Essex	32.64m
6	Clarke, H.	28	Essex	32.08m

Javelin

Pos.	Competitor	No.	County	Distance
1	Whitmore, Christine	27	Essex	43.46m *
2	Gregory, Yvonne	83	West Midlands	41.22m
3	Seldon, Jayne	53	Middlesex	39.68m
4	Walsh, S.	31	Gtr. Manchester	37.44m
5	Rose, Jeanette	49	London	37.22m
6	Whitbread, Fatima	28	Essex	37.02m

**** New Championship Best Performance.***
= Equals Championship Best Performance.

Results of Senior Girls Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	Hunte, Heather	53	Middlesex	11.9
2	Barnett, Helen	49	London	11.9
3	Ratcliffe, Shelley	41	Kent	12.7
4	Everade, R.	75	Suffolk	12.9
5	Hodgson, A.	18	Cumbria	12.9
6	Hough, J.	23	Dorset	13.0

200 Metres

Pos.	Competitor	No.	County	Time
1	Thomas, Eleanor	49	London	25.2
2	Adams, Julie-May	67	Shropshire	25.5
3	Evans, Elizabeth Jane	69	Somerset	26.3
4	Forbes, Hazel	70	Somerset	26.4

400 Metres

Pos.	Competitor	No.	County	Time
1	Oakes, Heather	42	Kent	55.1 *
2	Baldock, Anne	41	Kent	55.5
3	Howell, Patricia	33	Hampshire	57.3
4	Potter, H.	11	Cheshire	58.3
5	Rout, Joanna	53	Middlesex	58.6
6	Byrne, P.	83	West Midlands	59.1

800 Metres

Pos.	Competitor	No.	County	Time
1	Prictoe, Janet	47	Lincolnshire	2.09.2 *
2	Lawrence, Janet	51	Merseyside	2.10.5
3	Avery, Carol	19	Derbyshire	2.12.0
4	Barberis, S.	79	Sussex	2.12.8
5	Pettitjean, C.	83	West Midlands	2.14.5
6	Fletcher, L.	35	Hereford and Worcs.	2.17.1

1500 Metres

Pos.	Competitor	No.	County	Time
1	Mason, Angela	21	Devon	4.24.9 *
2	Clarke, Jill	71	South Yorkshire	4.29.3
3	Tunnicliffe, Anne	74	Staffordshire	4.38.7
4	Binns, Kathy	86	West Yorkshire	4.42.5
5	Hill, Helen	73	Staffordshire	4.43.3
6	Dean, S.	85	West Yorkshire	4.50.6

100m Hurdles

Pos.	Competitor	No.	County	Time
1	O'Nions, Christina	1	Avon	14.6
2	Wray, Yvette	67	Shropshire	14.7
3	Warren, Kathryn	19	Derbyshire	14.7
4	Bowerman, Joy	77	Surrey	15.1
5	Douglas, V.	49	London	15.2
6	Lowman, C.	27	Essex	15.4

4 x 100m Relay

Pos.	County	No.		Time
1	Kent	41		48.4
2	Devon	21		50.3
3	Somerset	69		50.5

High Jump

Pos.	Competitor	No.	County	Height
1	Cooper, Denise	1	Avon	1.74m
2	Gilson, Anne	23	Dorset	1.71m
3	Thompson, Alyson	7	Buckinghamshire	1.65m
4	Hitchen, Gillian	31	Gtr. Manchester	1.65m
5=	Attrill, J.	21	Devon	1.60m
5=	Chaytors, K.	25	Durham	1.60m
5=	Brimicombe, Karen	22	Devon	1.60m

Long Jump

Pos.	Competitor	No.	County	Distance
1	Murray, Karen	78	Surrey	5.78m
2	Bellamy, Maria	57	Northamptonshire	5.68m
3	Gray, Diane	55	Norfolk	5.60m
4	Donovan, Kelly	77	Surrey	5.41m
5	Evans, K.	43	Lancashire	5.34m
6	Davidson, J.	28	Essex	5.25m

Shot

Pos.	Competitor	No.	County	Distance
1	Oakes, Judy	41	Kent	14.88m *
2	Newell, Linda	77	Surrey	13.28m
3	Newton, Lana	5	Berkshire	12.49m
4	Jackson, Jackie	78	Surrey	11.90m
5	Cox, Janet	73	Staffordshire	11.19m
6	Maynard, E.	70	Somerset	10.90m

Discus

Pos.	Competitor	No.	County	Distance
1	Watson, Valerie	11	Cheshire	42.90m
2	Smith, Lynn	23	Dorset	40.48m
3	English, Diane	63	Nottinghamshire	37.16m
4	Rawsthorne, P.	17	Cumbria	33.30m
5	Pyne, D.	5	Berkshire	32.04m
6	Robinson, A.	18	Cumbria	30.96m

Javelin

Pos.	Competitor	No.	County	Distance
1	McDonald, Hazel	25	Durham	43.66m
2	Skuse, Kim	1	Avon	41.42m
3	Grey, Gillian	73	Staffordshire	38.58m
4	Brace, Shelley	23	Dorset	38.32m
5	Hartshorn, J.	27	Essex	37.78m
6	Hallam, S.	45	Leicestershire	34.64m

**** New Championship Best Performance.***
= Equals Championship Best Performance.

Results of Junior Boys Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	Yeadon, Gary	85	West Yorkshire	12.1
2	Foden, M.	21	Devon	12.1
3	Griffin, P.	86A	West Yorkshire	12.2
4	Donaldson, P.	59	Northumberland	12.5
5	Dennis, R.	86	West Yorkshire	12.5
6	Mills, G.	57	Northamptonshire	12.6

200 Metres

Pos.	Competitor	No.	County	Time
1	Lawrenson, Stuart	51	Merseyside	23.4
2	Brown, Phil	83	West Midlands	23.4
3	Thomas, Paul	77	Surrey	23.9
4	Roberts, Anthony	23	Dorset	24.4
5	Marsh, M.	31	Gtr. Manchester	24.5
6	Ash, Andrew	53	Middlesex	24.5

400 Metres

Pos.	Competitor	No.	County	Time
1	Penn, Michael	37	Hertfordshire	53.0
2	Cash, M.	85	West Yorkshire	53.6
3	Grief, M.	5	Berkshire	54.3
4	Thompson, P.	31	Gtr. Manchester	54.4
5	Elliot, G.	60	Northumberland	54.4
6	Brown, D.	86	West Yorkshire	58.1

800 Metres

Pos.	Competitor	No.	County	Time
1	Brennan, Tim	77	Surrey	2.01.6
2	McGeorge, Chris	17	Cumbria	2.02.1
3	Fairfax, N.	71	South Yorkshire	2.03.5
4	Heeney, R.	51	Merseyside	2.04.1
5	Herbert, D.	27	Essex	2.04.1
6	Sinha, J.	32	Gtr. Manchester	2.04.5

1500 Metres

Pos.	Competitor	No.	County	Time
1	Lewis, David	43	Lancashire	4.10.5
2	Crockett, L.	27	Essex	4.12.4
3	Craik, Andy	41	Kent	4.15.7
4	Bristow, Andy	79	Sussex	4.16.1
5	Buckner, Jack	64	Nottinghamshire	4.16.9

Pos.	Competitor	No.	County	Time
6	Collins, P.	55	Norfolk	4.21.0

80m Hurdles

Pos.	Competitor	No.	County	Time
1	Barker, William	3	Bedfordshire	11.8
2	Bingham, David	31	Gtr. Manchester	12.0
3	Guy, Francis	51	Merseyside	12.0
4	Scott, G.	25	Durham	12.1
5	Leonce, A.	4	Bedfordshire	12.3
6	Reeve, P.	7	Buckinghamshire	12.5

4 x 100m Relay

Pos.	County	No.		Time
1	West Yorkshire	85		46.3
2	Merseyside	51		46.4
3	Northumberland	59		46.7
4	Hertfordshire	37		47.0
5	Staffordshire	73		47.6
6	Bedfordshire	3		47.9

High Jump

Pos.	Competitor	No.	County	Height
1	Lisle, Martin	59	Northumberland	1.79m
2	Gibbs, Stuart	67	Shropshire	1.73m
3	Rowe, R.	50	London	1.73m
4	Colwill, N.	21	Devon	1.70m
5	Welch, C.	79	Sussex	1.70m
6=	Brown, A.	11	Cheshire	1.65m
6=	Whittle, C.	49	London	1.65m

Pole Vault

Pos.	Competitor	No.	County	Height
1	Anstiss, Tim	53	Middlesex	3.60m*
2=	Hooper, David	77	Surrey	3.17m
2=	Birch, Robert	67	Shropshire	3.17m
4	Edutie, S.	49	London	3.17m
5	Schofield, T.	31	Gtr. Manchester	2.93m
6	Davies, K.	73	Staffordshire	2.93m

Long Jump

Pos.	Competitor	No.	County	Distance
1	Senior, F.	49	London	6.37m
2	Hanson, Paul	27	Essex	6.12m
3	Foster, Nigel	19	Derbyshire	5.93m

Pos.	Competitor	No.	County	Distance
4	White, T.	84A	West Midlands	5.83m
5	Bowyer, M.	87	Wiltshire	5.82m
6	Hyde, K.	84	West Midlands	5.75m

Triple Jump

Pos.	Competitor	No.	County	Distance
1	Powell, Michael	49	London	12.82m
2	Morton, Ian	52	Merseyside	12.78m
3	Bradshaw, Stephen	84	West Midlands	12.74m
4	Samuel, P.	50	London	12.70m
5	Simpson, G.	83	West Midlands	12.59m
6	Oxley, M.	85	West Yorkshire	12.38m

Discus

Pos.	Competitor	No.	County	Distance
1	Bacon, Francis	73	Staffordshire	45.24m
2	Todd, Peter	77	Surrey	44.30m
3	Mardle, Paul	27	Essex	43.04m
4	Ellis, Ross	23	Dorset	40.70m
5	Emmerson, A.	12	Cheshire	40.28m
6	Lockart, B.	55	Norfolk	38.64m

Shot

Pos.	Competitor	No.	County	Distance
1	Zaidman, Antony	53	Middlesex	15.14m
2	Newby, Michael	28	Essex	14.26m
3	Phillips, Errol	27	Essex	13.98m
4	Chalice, J.	79	Sussex	13.68m
5	Stewart, C.	49	London	13.45m
6	Jenkinson, M.	71	South Yorkshire	12.99m

Hammer

Pos.	Competitor	No.	County	Distance
1	Varley, Charles	53	Middlesex	49.92m
2	Thacker, S.	55	Norfolk	44.92m
3	Ransome, Ken	9	Cambridgeshire	42.14m
4	Wiseman, N.	40	Humberside	40.28m
5	Harrison, S.	63	Nottinghamshire	39.80m
6	Pickering, Shaun	37	Hertfordshire	39.58m

Javelin

Pos.	Competitor	No.	County	Distance
1	Humphries, Marcus	9	Cambridgeshire	55.50m
2	Parry, Michael	1	Avon	53.88m

Pos.	Competitor	No.	County	Distance
3	Steele, M.	31	Gtr. Manchester	49.22m
4	Rittenhouse, Tom	23	Dorset	48.72m
5	White, D.	67	Shropshire	47.28m
6	Costello, M.	14	Cleveland	45.56m

**** New Championship Best Performance***.

Results of Intermediate Boys Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	Norton, Simon	11	Cheshire	11.2
2	Haughton, Carlton	9	Cambridgeshire	11.2
3	Bond, Michael	50	London	11.3
4	Butler, Derek	45	Leicestershire	11.4
5	Sellars, J.	18	Cumbria	11.7
6	Happe, P. C.	37	Hertfordshire	11.8

200 Metres

Pos.	Competitor	No.	County	Time
1	MacFarlane, Mike	49	London	21.7*
2	Pike, David	9	Cambridgeshire	22.3
3	Yates, Wayne	31	Gtr. Manchester	22.6
4	Fowell, M.	73	Staffordshire	22.7
5	Palmer, S.	33	Hampshire	23.4
6	Ajilowura, R.	51	Merseyside	23.5

400 Metres

Pos.	Competitor	No.	County	Time
1	Houlton, Stephen	39	Humberside	49.3
2	Richards, Audley	87	Wiltshire	49.6
3	Mote, David	77	Surrey	50.1
4	Armstrong, William	59	Northumberland	50.6
5	Garmston, Mike	74	Staffordshire	51.3
6	Worrall, K.	71	South Yorkshire	51.9

800 Metres

Pos.	Competitor	No.	County	Time
1	Spooner, Julian	41	Kent	2.00.6
2	Berridge, Robert.	17	Cumbria	2.01.1
3	Cummings, G.	53	Middlesex	2.01.8
4	Baxter, P.	61	North Yorkshire	2.01.9
5	Merrifield, J.	69	Somerset	2.02.7
6	Christy, M.	87	Wiltshire	2.03.0

1500 Metres

Pos.	Competitor	No.	County	Time
1	Martin, Adrian	25	Durham	4.02.0
2	Wood, Roy	37	Hertfordshire	4.03.5
3	Clark, John	63	Nottinghamshire	4.04.5
4	Morton, Michael	43	Lancashire	4.05.9
5	Livesey, P.	44	Lancashire	4.05.9

Pos.	Competitor	No.	County	Time
6	Slater, R.	45	Leicestershire	4.06.0

3000 Metres

Pos.	Competitor	No.	County	Time
1	White, Colin.	41	Kent	8.42.8
2	Wilson, Stirling	75	Suffolk	8.55.0
3	Nugara, Tony	53	Middlesex	8.56.4
4	Scrutton, Mark	42	Kent	9.00.2
5	Cram, Steve	25	Durham	9.00.8
6	Weston, P.	77	Surrey	9.02.6

100m Hurdles

Pos.	Competitor	No.	County	Time
1	Augustin, Nathaniel	53	Middlesex	13.5
2	Drysdale, Austin	84	West Midlands	13.6
3	Willard, Ross	31	Gtr. Manchester	13.8
4	Adams, Peter	54	Middlesex	13.8
5	Alexander, N.	69	Somerset	14.4
6	Golding, A.	49	London	14.4

1500m Steeplechase

Pos.	Competitor	No.	County	Time
1	Mayhew, James	53	Middlesex	4.24.5
2	Young, Nicholas	41	Kent	4.27.7
3	Cowie, Neil	83	West Midlands	4.28.5
4	Capper, K.	43	Lancashire	4.38.5
5	Willimott, S.	73	Staffordshire	4.39.3
6	Bailey, S.	84	West Midlands	4.39.3

4 x 100m Relay

Pos.	County	No.		Time
1	Staffordshire	74		44.0
2	West Midlands	84		44.3
3	South Yorkshire	71		44.6
4	Cumbria	18		44.7
5	Gloucestershire	29		45.0

High Jump

Pos.	Competitor	No.	County	Height
1	Clemmens, Vincent	37	Hertfordshire	1.90m
2	Rumbelow, Stephen	3	Bedfordshire	1.84m
3	Hammond, Mark	53	Middlesex	1.84m
4	Pearce, Alan	23	Dorset	1.84m
5	Hipplewith, J.	49	London	1.84m

Pos.	Competitor	No.	County	Height
6	Jackson, M.	57	Northamptonshire	1.84m

Pole Vault

Pos.	Competitor	No.	County	Height
1	Barnes, Neil	1	Avon	3.95m
2	Hart, Damon	49	London	3.77m
3	Shearon, Kevin	38	Hertfordshire	3.61m
4	Neal, T.	57	Northamptonshire	3.45m
5	Shippen, Mark	77	Surrey	3.30m
6	Cryle, J.	53	Middlesex	3.30m

Long Jump

Pos.	Competitor	No.	County	Distance
1	Dexter, Lawrence	33	Hampshire	6.79m
2	Slack, Allan	85	West Yorkshire	6.70m
3	Udo, Augustine	53	Middlesex	6.68m
4	McComb, D.	52	Merseyside	6.36m
5	Garvey, P.	59	Northumberland	6.35m
6	Lobb, K.	35	Hereford and Worcs.	6.19m

Triple Jump

Pos.	Competitor	No.	County	Distance
1	Effiong, Megarry	53	Middlesex	14.59m
2	Metcalf, Stephen	39	Humberside	14.42m
3	Perkins, Donovan	84	West Midlands	14.11m
4	McCalla, Eric	84A	West Midlands	13.81m
5	Carney, L	25	Durham	13.47m
6	Sussex, Owen	27	Essex	13.41m

Shot

Pos.	Competitor	No.	County	Distance
1	Husk, Alan	27	Essex	16.40m
2	Savory, Graham	34	Hampshire	14.17m
3	Marsh, Geoffrey	53	Middlesex	14.07m
4	Anderson, J.	25	Durham	13.93m
5	Banevnicius, K.	15	Cornwall	13.85m
6	Jackson, Ian	83	West Midlands	13.74m

Discus

Pos.	Competitor	No.	County	Distance
1	Long, Bryan	77	Surrey	43.90m
2	Bowkett, Paul	69	Somerset	43.04m
3	Hollingshead, Graham	78	Surrey	42.88m
4	Lloyd, Sean	31	Gtr. Manchester	41.74m

Pos.	Competitor	No.	County	Distance
5	Holt, K.	41	Kent	39.88m
6	Smedley, D.	71	South Yorkshire	39.86m

Hammer

Pos.	Competitor	No.	County	Distance
1	McElroy, Stephen	31	Gtr. Manchester	53.32m
2	Girvan, Martin	27	Essex	52.60m
3	Constantine, Nicholas	28A	Essex	48.28m
4	Mitchell, Michael	53	Middlesex	48.20m
5	Middleton, G.	73	Staffordshire	46.58m
6	Chapman, T.	21	Devon	45.92m

Javelin

Pos.	Competitor	No.	County	Distance
1	Wells, Mark	47	Lincolnshire	61.06m
2	Johnson, Craig	31	Gtr. Manchester	60.78m
3	Walters, David	19	Derbyshire	58.72m
4	Marsh, Ian	75	Suffolk	57.42m
5	Gamson, A.	84	West Midlands	53.06m
6	Opikwa, F.	53	Middlesex	52.50m

**** New Championship Best Performance.***

Results of Senior Boys Events at Cannock 1976

100 Metres

Pos.	Competitor	No.	County	Time
1	Pitts, Andrew.	27	Essex	11.1
2	Burgan, Stamford	77	Surrey	11.2
3	Murphy, P.	34A	Hampshire	11.2
4	Walsh, M.	85	West Yorkshire	11.3
5	Merchant, E.	84	West Midlands	11.3
6	Verlander, D.	41	Kent	12.6

200 Metres

Pos.	Competitor	No.	County	Time
1	Baptiste, David	27	Essex	22.1
2	Neves, Andrew	79	Sussex	22.1
3	Wint, Roger	19	Derbyshire	22.4
4	Samuels, A.	78	Surrey	22.5
5	Fitter, M.	53	Middlesex	23.0
6	Lake, Neil	11	Cheshire	23.1

400 Metres

Pos.	Competitor	No.	County	Time
1	Francis, Martin	32A	Gtr. Manchester	49.1
2	Stewart, Gregory	27	Essex	49.6
3	Bishopp, Robert	79	Sussex	49.8
4	Moriarty, Steve	77	Surrey	49.9
5	Ducasse, M.	51	Merseyside	50.2
6	Bluemink, Dale	85	West Yorkshire	50.4

800 Metres

Pos.	Competitor	No.	County	Time
1	Brooks, Nick	41	Kent	1.50.8
2	Cook, Garry	83	West Midlands	1.51.4
3	Caldwell, Steve	31	Gtr. Manchester	1.51.6
4	Field, N.	47	Lincolnshire	1.52.1
5	Szwed, Colin	81	Warwickshire	1.52.7
6	Smith, M.	63	Nottinghamshire	1.53.0

1500 Metres

Pos.	Competitor	No.	County	Time
1	Cahill, Sean	85	West Yorkshire	3.56.4
2	Jackson, Graham	79	Sussex	3.56.8
3	Kendall, Stephen	83	West Midlands	3.59.5
4	Espir, James	53	Middlesex	3.59.7
5	Payne, S.	56	Norfolk	4.01.2

Pos.	Competitor	No.	County	Time
6	Taylor, J.	27	Essex	4.01.2

5000 Metres

Pos.	Competitor	No.	County	Time
1	Tesh, Kevin	75	Suffolk	14.39.8
2	Lees, Nicky	19	Derbyshire	14.42.2
3	Swan, Robert	33	Hampshire	15.00.2
4	Bunyan, Chris	87	Wiltshire	15.03.4
5	Micham, J.	47	Lincolnshire	15.03.8
6	Leonard, A.	25	Durham	15.25.0

110m Hurdles

Pos.	Competitor	No.	County	Time
1	Radcliffe, Ian	74	Staffordshire	14.5
2	Holtom, Mark	73	Staffordshire	14.7
3	Oakes, Gary	49	London	14.7
4	Brown, A.	77	Surrey	15.1
5	Pascoe, K.	33	Hampshire	15.1
6	Towell, N.	35	Hereford and Worcs.	15.4

400m Hurdles

Pos.	Competitor	No.	County	Time
1	Preston, Chris	57	Northamptonshire	54.9
2	Allen, Christopher	73	Staffordshire	55.3
3	Bowman, David	8	Buckinghamshire	55.5
4	Key, John	7	Buckinghamshire	55.6
5	Adams, S.	53	Middlesex	56.2
6	Ballingall, J.	79	Sussex	57.5

2000m Steeplechase

Pos.	Competitor	No.	County	Time
1	Wilson, John	77	Surrey	5.52.4
2	Marr, Charles	27	Essex	5.55.6
3	Howden, Adrian	85	West Yorkshire	5.58.6
4	Irvine, K.	31	Gtr. Manchester	5.58.6
5	Eccles, D.	43	Lancashire	6.03.2
6	Stanton, J.	1	Avon	6.05.6

4 x 100m Relay

Pos.	County	No.		Time
1	London	49		43.3
2	Staffordshire	73		43.5
3	Sussex	79		43.6
4	Hampshire	33		43.6

Pos.	County	No.		Time
5	Lancashire	43		44.1
6	Nottinghamshire	63		44.4

High Jump

Pos.	Competitor	No.	County	Height
1	Foulger, Tim	41	Kent	1.95m
2	Naylor, Mark	53	Middlesex	1.95m
3	Robertson, George	65	Oxfordshire	1.89m
4	Paine, C.	27	Essex	1.89m
5=	Oldridge, T.	1	Avon	1.84m
5=	Munt, Peter	77	Surrey	1.84m

Pole Vault

Pos.	Competitor	No.	County	Height
1	Goodall, Rupert	11	Cheshire	4.60m
2	Gurney, Kevin	38	Hertfordshire	4.00m
3	Heal, Nicholas	1	Avon	3.92m
4	Cavanagh, C.	38	Hertfordshire	3.84m
5	Wright, Steven	85	West Yorkshire	3.45m

Long Jump

Pos.	Competitor	No.	County	Distance
1	Bramble, Vernon	49	London	6.89m
2	Earle, Albert	83	West Midlands	6.85m
3	Douglass, Andrew	19	Derbyshire	6.81m
4	Roberts, Carl	84	West Midlands	6.77m
5	West, Clive	69	Somerset	6.58m
6	Htulomah, E.	53	Middlesex	6.57m

Triple Jump

Pos.	Competitor	No.	County	Distance
1	Stoppard, Nick	19	Derbyshire	14.82m
2	Wymark, Stephen	39	Humberside	14.59m
3	Ashdown, Stephen	3	Bedfordshire	14.29m
4	Reid, J.	41	Kent	13.61m
5	Sofalarim, A.	77	Surrey	13.45m
6	Cartwright, Paul	78	Surrey	13.43m

Shot

Pos.	Competitor	No.	County	Distance
1	Eyres, Mick	28	Essex	15.82m
2	Vince, Andrew	27	Essex	15.56m
3	Hughes, Shaun	71	South Yorkshire	14.37m
4	Guest, T.	9	Cambridgeshire	12.97m

Pos.	Competitor	No.	County	Distance
5	Gavins, D.	45	Leicestershire	12.89m
6	Hagen, J.	55	Norfolk	11.85m

Discus

Pos.	Competitor	No.	County	Distance
1	Wilkinson, Christopher	70	Somerset	45.86m
2	Armstrong, Paul	85	West Yorkshire	44.46m
3	Pomphrey, Nigel	1	Avon	44.34m
4	Phillips, R.	45	Leicestershire	41.54m
5	Taylor, A.	53	Middlesex	41.18m
6	Barton, G.	55	Norfolk	40.62m

Hammer

Pos.	Competitor	No.	County	Distance
1	Watson, S.	59	Northumberland	49.42m
2	Whaley, G.	19	Derbyshire	44.48m
3	Gorman, B.	69	Somerset	42.90m
4	Dighton, P.	55	Norfolk	42.40m
5	Clark, S.	39	Humberside	42.00m
6	Lunn, Andrew	61	North Yorkshire	40.98m

Javelin

Pos.	Competitor	No.	County	Distance
1	Good, Russell	11	Cheshire	57.14m
2	Bamford, Matthew	53	Middlesex	55.74m
3	Hill, Eric	27	Essex	52.14m
4	Collier, L	21	Devon	51.64m
5	Hooper, R.	22	Devon	50.44m
6	Clements, S.	49	London	48.00m

ENGLISH SCHOOLS ATHLETIC ASSOCIATION
FORTY SIXTH ANNUAL ATHLETIC CHAMPIONSHIPS
CANNOCK STADIUM, CANNOCK, STAFFORDSHIRE

9th and 10th July, 1976

RESULTS

Age Group	Group	Trophy	County	Points
Junior Girls	Group A	Championship Shield	Essex	39¼
	Group B	Forrester Trophy	Devon	23
	Group C	A.F. Joseph Trophy	Oxfordshire	21
Intermediate Girls	Group A	Hendon Businessmen's Trophy	Middlesex	49½
	Group B	Goodwill Cup	Cheshire	33
	Group C	Bucks. Cup	Lincolnshire	17
Senior Girls	Group A	Joan Hayward Cup	Kent	37
	Group B	Rotary (Northwich) Cup	Avon	23
	Group C	C.F. Gosling Trophy	Dorset	20
Junior Boys	Group A	Championship Shield	London	47½
	Group B	Durham Cup	Northumberland	26
	Group C	Watford Council Trophy	Shropshire	17½
Intermediate Boys	Group A	Hendon Council Trophy	Middlesex	73
	Group B	Goodwill Cup	Hertfordshire Staffordshire	29
	Group C	Rotary (Slough) Shield	Somerset	18
Senior Boys	Group A	E.W. Haley Trophy	Essex	59
	Group B	Cheshire Trophy	Sussex	35
	Group C	Ernest Campion Trophy	Somerset	18
Aggregate	Group A	Broadbridge Trophy	Middlesex	221½
	Group B	Bradford Cup	Staffordshire	106
	Group C	Tonkin Cup	Somerset	57

N. Dickinson,
Hon. Secretary.